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A WARM WELCOME TO OUR
SPRING 2024

Quarterly Newsletter

Manager's Introduction

As the days get longer and the flowers start to bloom, we welcome the arrival of spring with open arms. We are excited to show you what we have been getting up to recently. So sit back, relax and enjoy reading about our latest activities and events.

Also, if you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Maria

Maria Dziedziurska
Home Manager

Pantomime

Good Times

2024 started with a trip to see 'Sleeping Beauty' the Pantomime, oh yes it did! Much silliness and hilarity was had at the local Gordon Craig theatre. The residents loved watching this traditional show that took them back to memories of treasured family times. A special stage shout-out just to the White House residents was an extra special treat.

Self Care Week

Always Improving

Self-Care Week at the White House was a lot of fun, as each day had a theme to focus our thoughts on: Staying Connected, Sleep Better Challenge, Laughter, Get Into Nature and Stay Hydrated. The Residents and staff embraced the opportunities that this week brought.

Importance of staying connected with the local community and maintaining Independence. Staying hydrated.

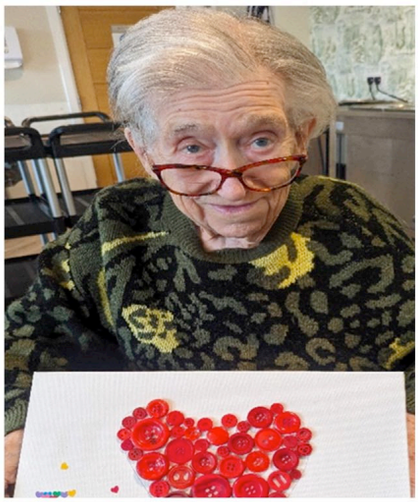
Taking time to chat and connect, Importance of family connections.

A day of laughter, Keeping up to date with world events. Unfortunately, the weather rained on our plans to head out to see the snowdrops so we played a nature-themed anagram game.

Valentine's Day

Love Is In The Air

Love was the focus of our crafts in February. The residents enjoy crafts and time spent together, sharing their words of wisdom for a happy relationship.



White House couple. Ruth and Donald, shared with us their memories of Valentine's Days together over their 70 years of marriage.

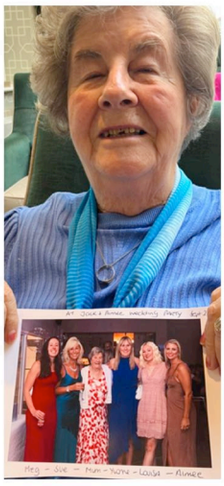
Mother's Day

Celebration Time

We had a wonderful Mother’s Day trip for some of our ladies to St Mary's Church in Hitchin, which was followed by a cup of tea and cake as we chatted with our friends.

Memories & Boasts

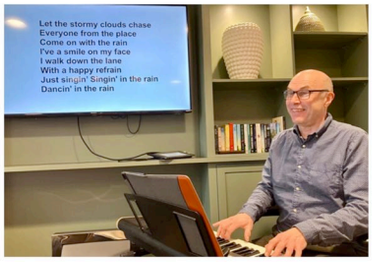
As part of the week leading up to Mother's Day, we gathered treasured family photos for a celebration of motherhood. We often reminisce about the residents families and their memories, but this was just a lovely opportunity for our residents to boast with pride about their children, grandchildren and great-grandchildren's achievements.



Memory Care Community Choir

Happy Times!

Our resident Choir Master, Phil, has been bringing song and reminiscence to the White House every Tuesday. After a successful performance at our Christmas party with Christmas Carols, even teaching our residents a traditional Polish yuletide song, especially for our manager, we have now brightened the spirits with spring-themed songs. Well mostly brighten, we are in England after all!



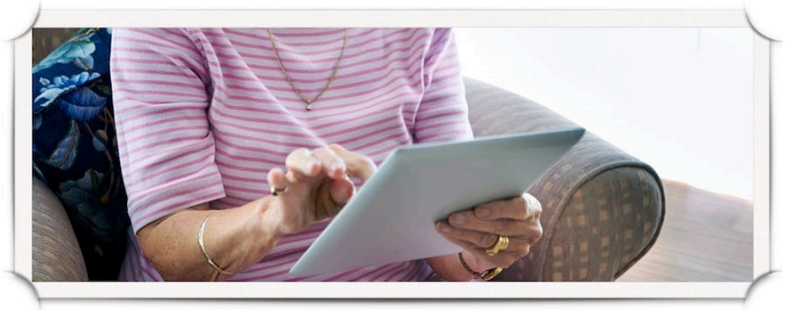
Family Forum

Learning & Improving

At White House, we hold regular check-ins with our extended families to ensure we are meeting their standards of care for their loved ones. We have a complete open door policy for our visitors at all times as it's always nice to come together, connect and share ideas and experiences.

At this family forum we treated our guests to some cheese and wine to unwind at the end of the working week.

Social Media



Connect With Us

Make sure to check out the White House Care Home Facebook Page.

Don't Forget To 'Like' Us!

Leave A Review

Your Thoughts Matter

We would be very grateful if you could spare a few minutes to write a review for us:

Carehome.co.uk Reviews

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